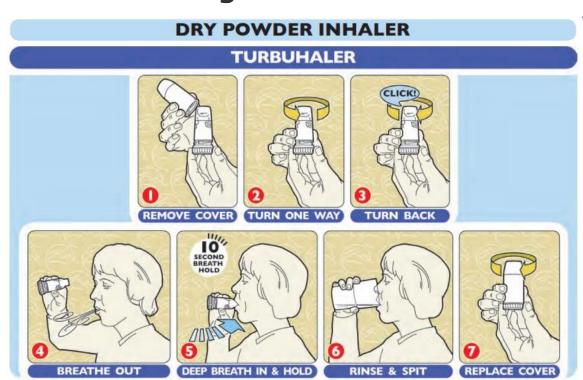
## **Respiratory Education- Using a Turbuhaler**



CREATED: July 26, 2022 DEPARTMENT: RTiC

## **Using a Turbuhaler**



Note:	Place mouthpiece between your teeth and close your lips.
Empty?:	The window on the device starts to show red when there are 20 doses left.
	When red reaches bottom, it is empty. Throw it away.
	The window on some devices also shows a "0" when it is empty. Throw it away.
Expired?:	Remove the cap to check the expiry date on the device.
Reminders:	Keep the Turbuhaler dry.
	Do not breathe into the device.
	Replace the cap after use.
	Cleaning: Wipe mouthpiece with a dry tissue or cloth.
	l is designed for information purposes only. It should not be used in place of medical advice, instruction ment. If you have specific questions, please consult your doctor or appropriate healthcare professional

Instructions used with permission from Calgary COPD and Asthma Program-Alberta Health Services

