



# Adult Ambulatory Nutrition Counselling

Dietitian Referral Form

- Campbell River Fax: 250 286 7103
- Comox/Courtney Fax: 250 331 5980
- Nanaimo Fax: 250 739 5974
- Ladysmith Fax: 250 740 2689
- Cowichan Fax: 250 709 3018
- Salt Spring Island Fax: 250 538 4807
- Victoria Fax: 250 370 8357

<b>Patient Information</b> Name: DOB: PHN / MRN: <i>Affix patient sticker</i> Physician: Address: Tel:		For office use only	
		Date received:	
		Date triaged:	
		Appointment type:	
<b>Reason for Referral</b>			
<b>Individual Consultation:</b>		<b>Group Consultation* :</b>	
<input type="checkbox"/> Allergies / Intolerances (complex) <input type="checkbox"/> Cancer <input type="checkbox"/> Celiac Disease <input type="checkbox"/> Dysphagia <input type="checkbox"/> Gastrointestinal Disease <input type="checkbox"/> IBS <input type="checkbox"/> IBD <input type="checkbox"/> Other: _____ <input type="checkbox"/> Gastrointestinal Surgery (pre/post) <input type="checkbox"/> Home Tube Feeding <input type="checkbox"/> Ileostomy / Colostomy <input type="checkbox"/> Chronic Liver Disease	<input type="checkbox"/> Malnutrition, Severe <input type="checkbox"/> Pancreatitis <input type="checkbox"/> Pregnancy / Breastfeeding <input type="checkbox"/> PCOS / Fertility <input type="checkbox"/> Vitamin/Mineral Deficiency: _____ <input type="checkbox"/> Weight Restoration (to regain weight that is unintentionally lost) <input type="checkbox"/> Other: _____	<input type="checkbox"/> Heart Health  <input type="checkbox"/> Mindful Eating  <input type="checkbox"/> Healthy Weight  <input type="checkbox"/> Gluten Free  <i>*Class availability may vary per region.</i>	
<b>Please see reverse for alternate referral options for conditions not specified above.</b>			
<b>Please attach any relevant information:</b> e.g. medical history, labs, medications, and comments.			
<b>Referral Priority:</b> <input type="checkbox"/> Urgent <input type="checkbox"/> Routine			
<b>Barriers to learning?</b> (specify):			
<b>Clinician:</b>		<b>Date:</b>	

Please note

<p><b>Extended wait times for</b></p> <ul style="list-style-type: none"> <li>• Healthy Eating</li> <li>• Heart Healthy Eating</li> <li>• Obesity and Over weight – individual weight loss counselling</li> <li>• Basic Allergies and Intolerances</li> <li>• Early Stage Kidney Disease &amp; Kidney Stones</li> <li>• GERD</li> <li>• Gout</li> <li>• Lifestyle Nutrition: Veganism / Vegetarianism</li> </ul> <p>(Wait times will vary based on referral location)</p>	<p>Consider referring the patient to one of the following services:</p> <ul style="list-style-type: none"> <li>• 811 Healthlink BC to speak to a Registered Dietitian <b>Dial 811</b></li> <li>• Private Dietitian Counselling <ul style="list-style-type: none"> <li>○ BC Dietitians - <a href="http://www.bcdietitians.ca">www.bcdietitians.ca</a></li> <li>○ Dietitians of Canada – <a href="http://www.dietitians.ca">www.dietitians.ca</a></li> </ul> </li> </ul>
<p><b>Community Health Services</b></p> <ul style="list-style-type: none"> <li>• Seniors</li> <li>• Homebound</li> <li>• Palliative Patients</li> <li>• Patients already receiving services with Home and Community Care.</li> </ul>	<p>Patients eligible or already connected with Community Health Services for Nutrition Counselling</p> <ul style="list-style-type: none"> <li>• Victoria Community Access <ul style="list-style-type: none"> <li>○ 1 888 533 8873</li> </ul> </li> <li>• Central Island Community Access <ul style="list-style-type: none"> <li>○ 1 877 734 4101</li> </ul> </li> <li>• North Island Central Intake <ul style="list-style-type: none"> <li>○ 1 866 928 4988</li> </ul> </li> </ul> <p><a href="http://www.islandhealth.ca/our-services/home-care-services">www.islandhealth.ca/our-services/home-care-services</a></p>
<p><b>Diabetes</b></p> <ul style="list-style-type: none"> <li>• Type 1 DM</li> <li>• Type 2 DM</li> <li>• GDM / Diabetes in Pregnancy</li> <li>• Pre-diabetes</li> </ul>	<ul style="list-style-type: none"> <li>• Island Health / Diabetes Education Centre <a href="http://www.islandhealth.ca/our-locations/diabetes-education-centres">www.islandhealth.ca/our-locations/diabetes-education-centres</a></li> </ul>
<p><b>Eating Disorders (Diagnosed)</b></p> <ul style="list-style-type: none"> <li>• Anorexia Nervosa</li> <li>• Bulimia Nervosa</li> <li>• Binge Eating Disorder</li> <li>• ARFID</li> </ul>	<p>Patients diagnosed with an ED must have a PCP as well as be working with a counsellor or therapist</p> <ul style="list-style-type: none"> <li>• Eating Disorders Clinic <a href="http://www.islandhealth.ca/our-services/eating-disorders-services">www.islandhealth.ca/our-services/eating-disorders-services</a></li> </ul>
<p><b>Chronic Renal Failure</b></p> <ul style="list-style-type: none"> <li>• Stage 3-4 (GFR &lt;30)</li> </ul>	<p>Patients referred / followed by a Nephrologist</p> <ul style="list-style-type: none"> <li>• Kidney Care Clinic for Dietitian Services <a href="http://www.islandhealth.ca/our-locations/kidney-care-locations">www.islandhealth.ca/our-locations/kidney-care-locations</a></li> </ul>
<p><b>General Cancer / Oncology</b></p>	<p>Inspire Health – Supportive Cancer Care free registered dietitians counselling</p> <ul style="list-style-type: none"> <li>• <a href="http://www.inspirehealth.ca">www.inspirehealth.ca</a></li> <li>• 1 888 734 7125</li> </ul>