

Breast Cancer Resources

Support Programs

You can find support programs offered at each BC Cancer Centre on the BC Cancer website:

http://www.bccancer.bc.ca/our-services/services/support-programs

BC Cancer Agency-Patient and Family Counselling Services:

http://www.bccancer.bc.ca/our-services/services/supportive-care/patientfamily-counselling

Breast Cancer Support Group (Wellspring):

https://wellspring.ca/onlineprograms/programs/all-programs/breast-cancer-support-group/

Rethink Breast Cancer: https://rethinkbreastcancer.com/

Canadian Cancer Society:

https://www.cancer.ca/en/about-us/a-futurewithout-breast-cancer/breast-cancer-support-services/

Cancer Connection (CCS): https://cancerconnection.ca/home

Inspire Health: https://www.inspirehealth.ca/

Resource Book

The Intelligent Patient Guide to Breast Cancer 6th Edition, 2017. ISBN: 9780981159935



This book can be borrowed from the <u>BC Cancer Library</u> or the Public Library. Used copies may be available for purchase through second hand bookstores or Amazon.

BC Cancer Library and Cancer Information Centre Resources http://www.bccancer.bc.ca/our-services/services/library

Recommended Websites

Breast Health Centre: https://www.islandhealth.ca/our-services/breastcancer-breast-health-services

BC Cancer Agency: http://www.bccancer.bc.ca/health-info/types-ofcancer/breast-cancer

Breast Cancer.org: https://www.breastcancer.org/

Canadian Cancer Society:

https://www.cancer.ca/en/cancerinformation/cancer-type/breast/breast-cancer/?region=bc

Canadian Breast Cancer Network: https://www.cbcn.ca/en/

MedlinePlus: https://medlineplus.gov/breastcancer.html

National Cancer Institute: https://www.cancer.gov/types/breast

American Cancer Society: https://www.cancer.org/cancer/breast-cancer.html

Shawna Bond RN Ly Stewart RN

Breast Health Patient Navigators

Breast Health, VGH

Tel: 250 727-4467

Emaíl: Breasthealth@islandhealth.ca

Website: https://www.islandhealth.ca/our-services/breast-cancer-breast-healthservices