

This **monthly** update summarizes data on illegal drug overdoses reported to Island Health. Unless otherwise specified, data are presented for the Island Health region overall. How up to date the data are varies by source. Notes on data sources are provided on page 9. Symbols used on this page include: higher than (↑), lower than (↓), and similar to (∼).

Coroners Service



21 Deaths (December 2018) (112 in BC)
 ↑ the 12 Month Moving Average (**19** Deaths)
234 Deaths (January - December 2018) (1,489 in BC)
59% of deaths occurred in **private residences** (2018)
80% were **male** (2018)

Data Available to: December 2018
Page: 2

Emergency Departments (ED)



117 Overdoses Seen at EDs (January 2019)
 ↑ the 12 Month Moving Average (**108** Overdoses)
70% were **male** (2019 Year to date)

Data Available to: January 2019
Page: 3

Supervised Consumption Services (SCS) & Overdose Prevention Services (OPS)



15,029 visits (January 2019)
46 Overdoses Survived Inside SCS & OPS Sites (January 2019)
 ∼ the 12 Month Moving Average (**47** Overdoses)
67% were **male** (2019 Year to date)
0 deaths Inside SCS & OPS Sites (up to January 2019)

Data Available to: January 2019
Pages: 4-5

BC Emergency Health Services (BCEHS)



224 Overdoses Attended by BCEHS Paramedics (November 2018)
 ↑ the 12 Month Moving Average (**190** Overdoses)
69% were **male** (2018 Year to date)

Data Available to: November 2018
Page: 6

Take Home Naloxone (THN)



1387 THN Kits Distributed (October 2018)

Data Available to: October 2018 (Kits) & December 2018 (Sites)
Page: 7

Opioid Agonist Therapy (OAT)



60 New & **3,825** Active Clients (December 2018)
14 New & **223** Active Prescribers (December 2018)

Data Available to: December 2018
Page: 8

Notes on Data Sources

Page: 9



Figure 1 Number of Illegal Drug Overdose Deaths by Month
December 2018 and Previous 23 Months

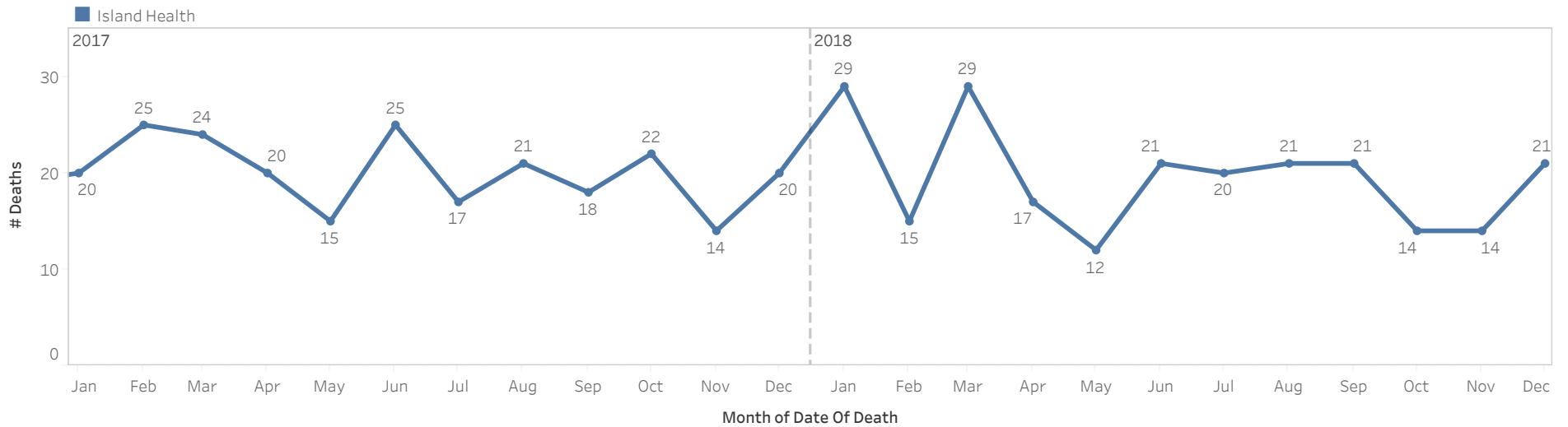


Figure 2 Illegal Drug Overdose Deaths by Location*
Year to Date (December 2018)

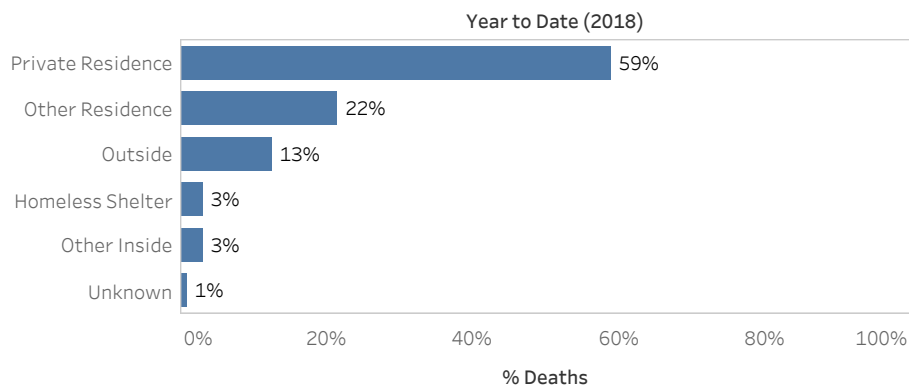


Table 1 Sex and Age of Individuals Who Died Following Illegal Drug Overdose
Year to Date (December 2018)

| Sex | Age Group | Count | Percentage |
|--------|-----------|-------|------------|
| Male | <19 | 3 | (1%) |
| | 19-39 | 99 | (42%) |
| | 40+ | 132 | (56%) |
| Female | <19 | 0 | (0%) |
| | 19-39 | 0 | (0%) |
| | 40+ | 47 | (20%) |

| |
|-------------|
| 43 |
| Average Age |
| 43 |
| Median Age |

***Private Residence** - Driveways, garages, trailer homes and private residence; **Other Residence** - Hotels, motels, rooming houses, halfway homes, safe house and social housing; **Other Inside** - Facilities, occupational sites, public buildings and businesses; and **Outside** - Vehicles, streets, sidewalks, parking lots, public parks, wooded areas and campgrounds.



Emergency Departments (ED)

Figure 3 Number of Suspected Opioid-Associated Overdoses Seen at Island Health EDs by Month
January 2019 and Previous 23 Months

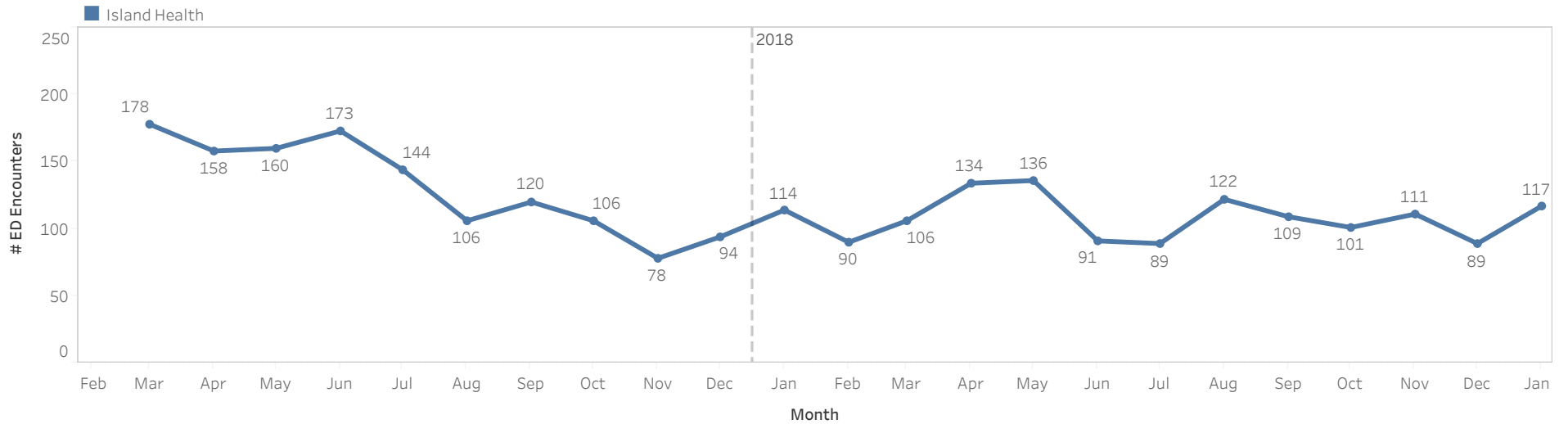


Figure 4 Location Where Clients Went After ED Visit
Year to Date (January 2019)

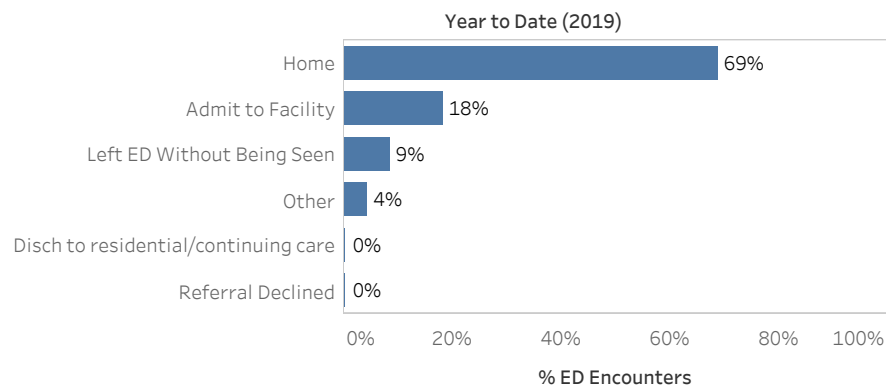
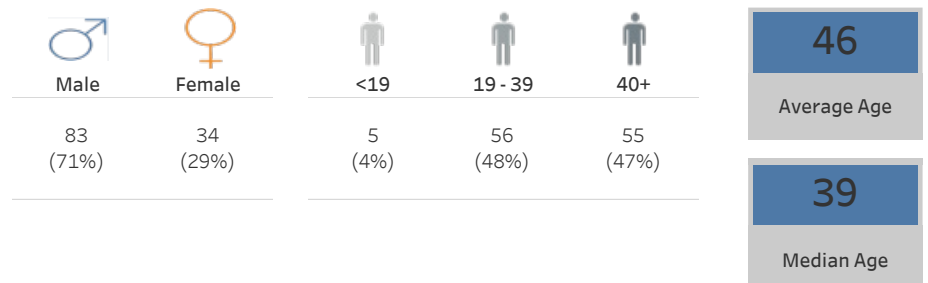


Table 2 Gender and Age of Individuals Seen at EDs Following Suspected Opioid-Associated Overdose
Year to Date (January 2019)





Supervised Consumption Services (SCS) & Overdose Prevention Services (OPS) Visits

Figure 5 Number of Reported Visits to Supervised Consumption Services (SCS) Sites & Overdose Prevention Services (OPS) Sites by Month (all sites combined) January 2019 and Previous 23 Months

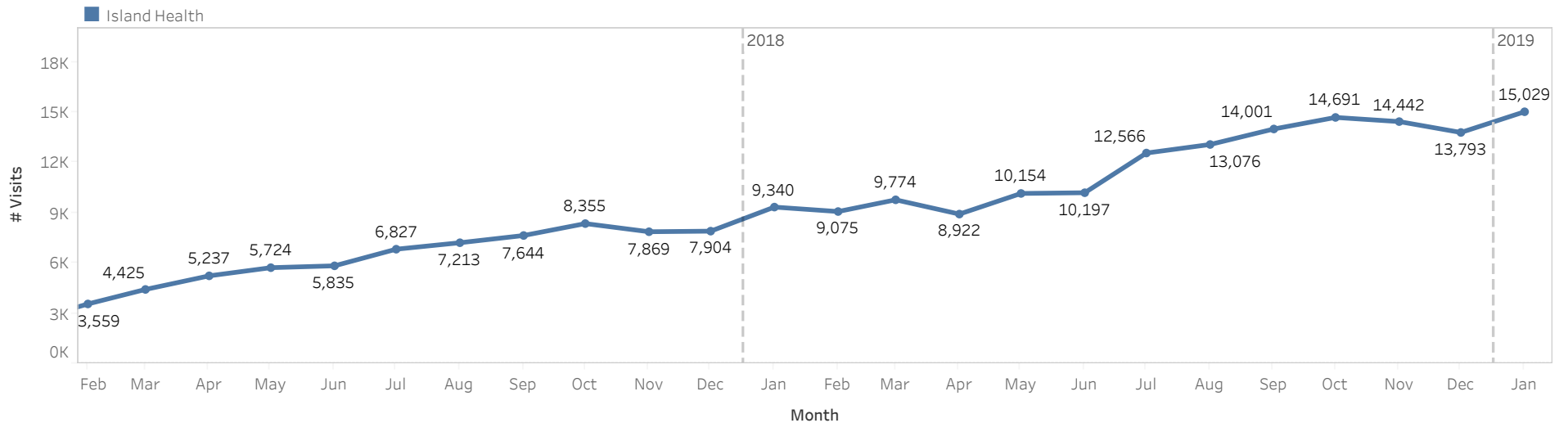


Table 3 Number of Reported Visits, New Clients, and Return Visits to the Supervised Consumption Services (SCS) Sites & Overdose Prevention Services (OPS)

January 2019, Year to Date, and Total Visits to Date

| January | | | Year to Date (2019) | | | Total Visits to Date | | |
|-------------|---------------|--------------|---------------------|---------------|--------------|----------------------|---------------|--------------|
| New Clients | Return Visits | Total Visits | New Clients | Return Visits | Total Visits | New Clients | Return Visits | Total Visits |
| 138 | 14,891 | 15,029 | 138 | 14,891 | 15,029 | 3,898 | 224,831 | 228,691 |

| | Site | Opened | Days of Operation | Hours of Operation |
|---------|-----------------------------------|-----------|---|---|
| South | SCS | | | |
| | Portland Hotel Society (Victoria) | 14-Dec-16 | Monday to Sunday | 10 AM - 10 PM |
| | The Harbour (Victoria) | 18-Jun-18 | Monday to Sunday | 6:30 AM - 8 PM |
| | AVI Victoria | 16-Jan-17 | Monday to Sunday | 3 PM - 10 PM |
| OPS | Our Place (Victoria) | 20-Dec-16 | CLOSED | CLOSED |
| | Rock Bay Landing (Victoria) | 01-Feb-17 | Monday to Sunday | 8 AM - 6 PM (Public) 7 AM - 9 PM (Residents) |
| | | | | |
| Central | CMHA Wesley St. (Nanaimo) | 31-Jan-17 | Monday to Sunday | 10:30 AM - MIDNIGHT |
| | Cowichan (Duncan) | 11-Sep-17 | Monday to Sunday | 1 PM - 7 PM |
| | Port Alberni | 01-May-17 | Monday to Sunday | 8 AM - 8 PM |
| North | OPS | | | |
| | AVI Campbell River* | 15-May-17 | Monday to Thursday Friday to Sunday STATS | 9AM - 11:30 AM & 1- 3:30 PM 11 AM - 3 PM 11 AM - 3 PM |
| | AVI Courtenay | 27-Mar-17 | Monday to Thursday Friday to Sunday STATS | 9AM - 11:30 AM & 1- 3:30 PM 11 AM - 2:30 PM 11 AM - 2:30 PM |

* Campbell River open from 9:00 AM to 8:00 PM each Wednesday income assistance cheques are issued

<https://www.islandhealth.ca/overdose>

Prepared by the Office of the Chief Medical Health Officer



Supervised Consumption Services (SCS) & Overdose Prevention Services (OPS) Overdoses

Figure 6 Number of Reported Overdoses **Inside** Supervised Consumption Services (SCS) Sites & Overdose Prevention Services (OPS) Sites by Month (all sites combined) January 2019 and Previous 19 Months

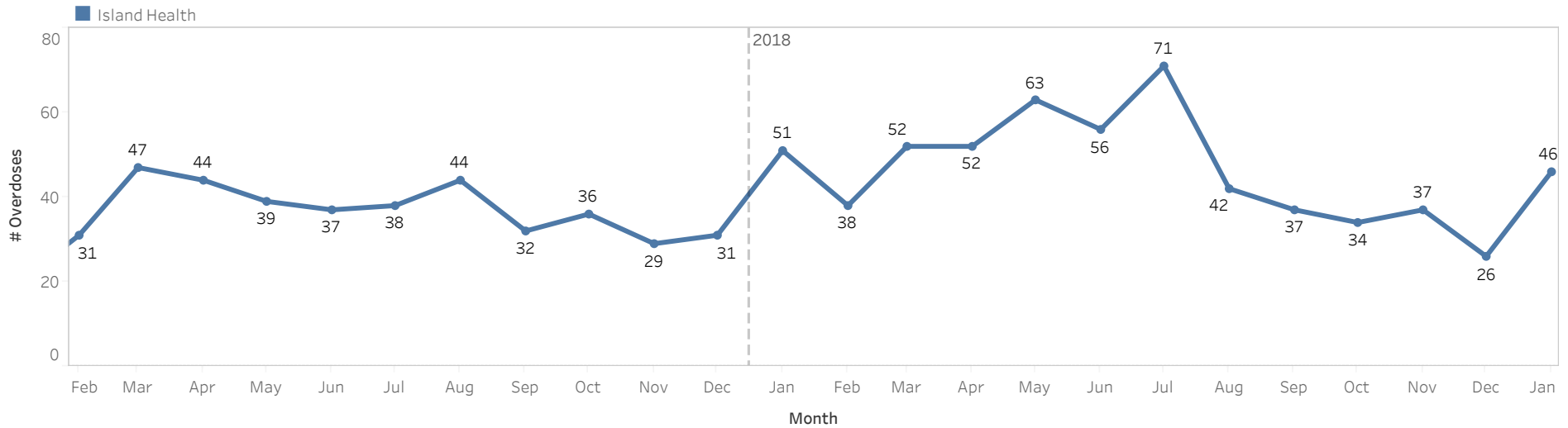


Table 4 Number of Overdoses **Inside** Supervised Consumption Services (SCS) Sites & Overdose Prevention Services (OPS) Sites
January 2019, Year to Date, Overdoses to Date, and Deaths to Date

| January | Year to Date (2019) | Total Overdoses to Date | Deaths to Date |
|---------|---------------------|-------------------------|----------------|
| 46 | 46 | 1,034 | 0 |

Table 5 Gender and Age of Overdose Cases **Inside** Supervised Consumption Services (SCS) Sites & Overdose Prevention Services (OPS) Sites
Year to Date (January 2019)

| Male | Female | <19 | 19-39 | 40+ |
|-------------|-------------|-----------|-------------|-------------|
| 29 (67%) | 14 (33%) | 0 (0%) | 30 (65%) | 16 (35%) |



BC Emergency Health Services (BCEHS)

Figure 7 Number of Overdoses Attended by BCEHS Paramedics

November 2018 and Previous 23 Months

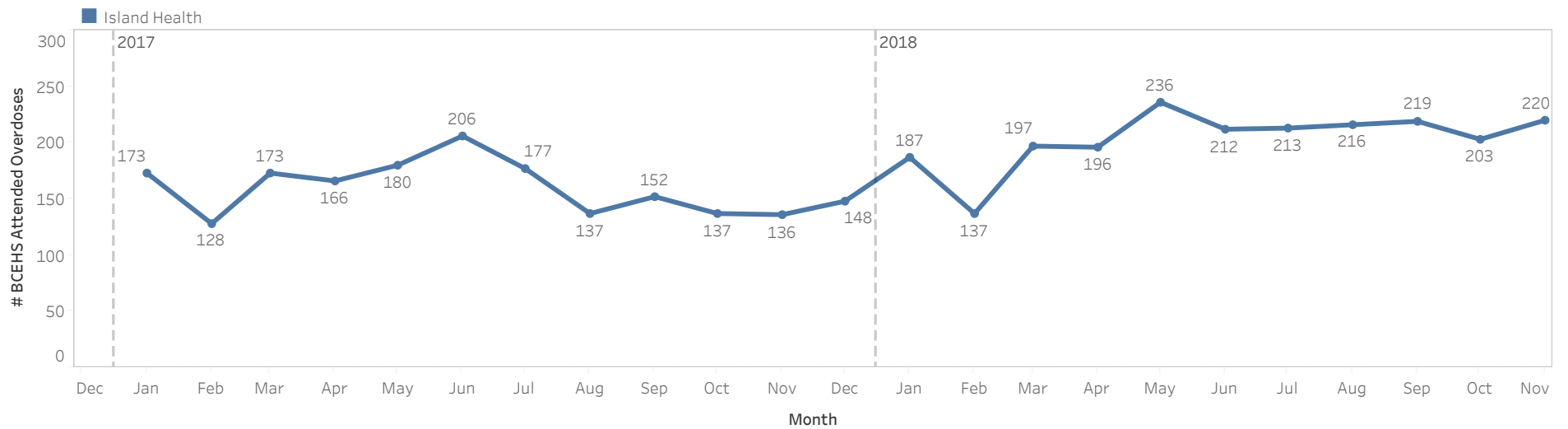
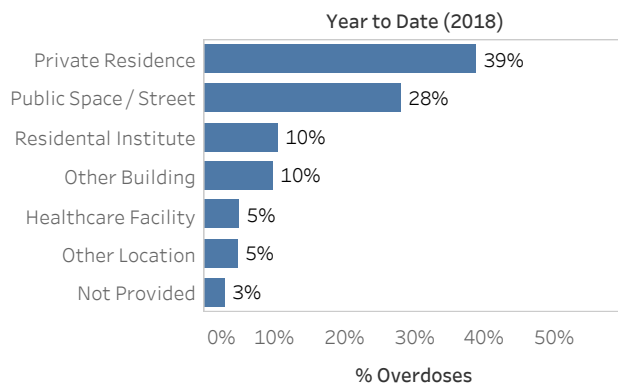


Figure 8 Location of Pick-Up by BCEHS Paramedics and Transported to EDs

Year to Date (November 2018)



Year to Date (2018)

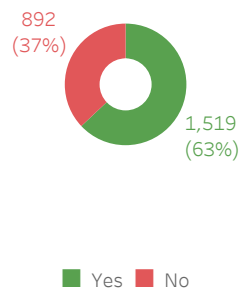


Table 6 Gender and Age of Overdose Cases Attended by BCEHS Paramedics

Year to Date (November 2018)

| Gender | Age Group | Count | Percentage |
|--------|-----------|-------|------------|
| Male | <19 | 112 | (5%) |
| | 19-39 | 1,309 | (58%) |
| | 40+ | 853 | (38%) |
| Female | <19 | 0 | 0% |
| | 19-39 | 0 | 0% |
| | 40+ | 0 | 0% |

| |
|-------------|
| 37 |
| Average Age |
| 35 |
| Median Age |

<https://www.islandhealth.ca/overdose>

Prepared by the Office of the Chief Medical Health Officer



Take Home Naloxone (THN)

Figure 7 Number of THN Kits Distributed by Island Health and Health Service Delivery Area (HSDA)
October 2018 and Previous 23 Months

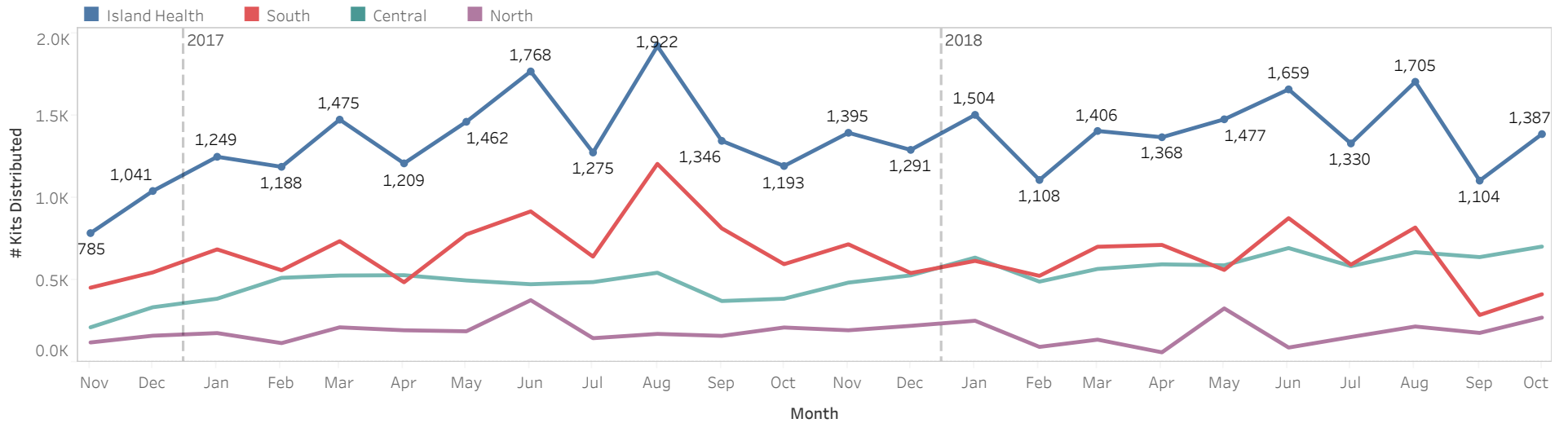


Figure 8 THN Sites by HSDA
New Active Sites in December 2018 (Total Active Sites to Date)

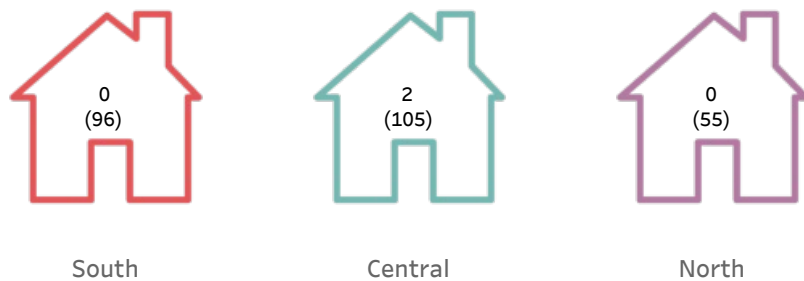
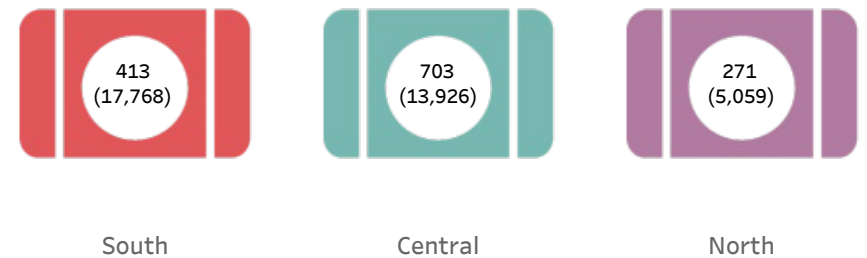


Figure 9 Number of THN Kits Distributed by HSDA
Kits Distributed in October 2018 (Total Kits to Date)





Opioid Agonist Therapy (OAT)*

Figure 10 Number of Active OAT Clients
December 2018 and Previous 23 Months

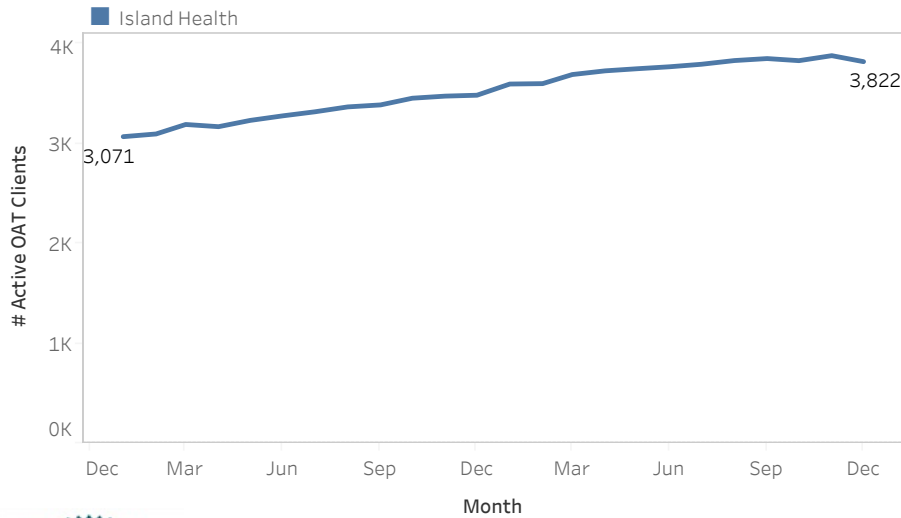


Figure 11 Number of Active OAT Prescribers
December 2018 and Previous 23 Months

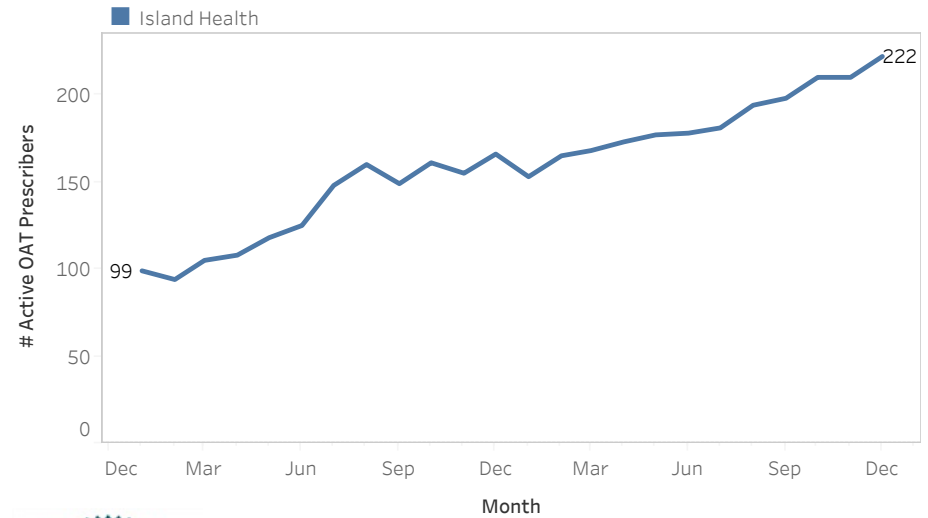


Table 6 Number of New OAT Clients
December 2018, Year to Date, and Total to Date

| December | Year to Date (2018) |
|----------|---------------------|
| 59 | 956 |



Table 7 Number of New OAT Prescribers
December 2018, Year to Date, and Total to Date

| December | Year to Date (2018) |
|----------|---------------------|
| 13 | 186 |

*Methadone, buprenorphine/naloxone and sustained release oral morphine, diacetylmorphine, and hydromorphone

Definitions:

Active OAT Clients have been dispensed an OAT that drug at least once in a given month.

New OAT Clients have been dispensed an OAT drug in a given month AND they have no prior PharmaNet record for that drug.

Active OAT Prescribers have at least one client who has filled an OAT prescription in a given month.

New OAT Prescribers have at least one client who has filled an OAT prescription in a given month AND the prescriber has not prescribed that drug type in the past.

<https://www.islandhealth.ca/overdose>

Prepared by the Office of the Chief Medical Health Officer



Coroners Service

- Illegal drug overdoses reported by the Coroner include overdoses involving street drugs (heroin, cocaine, MDMA, methamphetamine, etc.), medications not prescribed to the deceased, combinations of the above, with prescribed medications, and those overdoses where the origin of the drug is unknown. Both open and closed cases are included. The BC Coroners Service report can be found here: <https://www2.gov.bc.ca/gov/content/life-events/death/coroners-service/statistical-reports>
- Location descriptions for Figure 2 (Page 2). **Private Residence** - Driveways, garages, trailer homes and private residence; **Other Residence** - Hotels, motels, rooming houses, halfway homes, safe house and social housing; **Other Inside** - Facilities, occupational sites, public buildings and businesses; and **Outside** - Vehicles, streets, sidewalks, parking lots, public parks, wooded areas and campgrounds.



Emergency Departments (ED)

- Figure 3 includes both Cerner FirstNet and Non-FirstNet facilities (13 sites).
- Table 2 and figure 4 include Cerner FirstNet facilities only (8 sites). Overdoses for Cerner FirstNet sites are identified using a syndromic surveillance algorithm. The algorithm is based on key word searches within the Chief Complaint/Mechanism of Injury, CEDIS Presenting Complaint or Visit Reason data fields.
- Cerner FirstNet facilities are as follows: Campbell River Hospital, Cowichan District Hospital, Comox Valley Hospital, Nanaimo Regional General Hospital, Royal Jubilee Hospital, Saanich Peninsula Hospital, Victoria General Hospital, and West Coast General Hospital.



Supervised Consumption Services (SCS) and Overdose Prevention Services (OPS)

- Visits and overdoses are reported by Supervised Consumption Services (SCS) sites and Overdose Prevention Services (OPS) sites on a weekly basis.
- Days and hours of operation vary across the 9 sites in operation. The Harbour opened June 18, 2018. Our Place closed July 6, 2018.



BC Emergency Health Services (BCEHS)

- BCCDC provides data on ambulance attended illegal drug overdose events as recorded in the BC Ambulance Service PCR data with paramedic information suggesting illegal drug overdose. There is an inherent data entry delay by several months. Most recent month shown may be an underestimate.
- Overdose cases are identified based on naloxone administration OR paramedic impression codes indicating possible illegal drugs (prescription drugs and alcohol excluded) AND the corresponding dispatch code was consistent with possible drug overdose (AMPDS cards 9 [cardiac or respiratory arrest], 23 [overdose/ingestion poisoning], or 31 [unconscious/fainting]).



Take Home Naloxone (THN)

- The Provincial Take Home Naloxone program began in August, 2012
- A site is considered active if registered in and approved by the BC Naloxone Program. Sites are excluded from the count if designated as inactive by the program or if the site closes permanently for other reasons.
- THN sites are expected to return distribution records on a regular basis. Distribution numbers represent the number of kits distributed according to records returned by THN sites.



Opioid Agonist Therapy

- Data from PharmaNet (BC Ministry of Health) is used to monitor uptake of OAT in British Columbia
- **New OAT Clients:** A client has been dispensed a drug in a given month AND they have no prior PharmaNet record for that drug.
- **Active OAT Clients:** A client is considered to be on a particular OAT drug when they have been dispensed that drug at least once in a given month. Data represents clients who filled prescriptions, not all clients who were written prescriptions.
- **New OAT Prescribers:** When at least one client has filled an OAT prescription in a given month AND the clinician has not prescribed that drug type in the past.
- **Active OAT Prescribers:** When at least one client has filled an OAT prescription in a given month.