

community health facts 2013

Nanaimo

Demographics

Nanaimo (which encompasses the Local Health Area 68) is home to approximately 108,000 people.

- 5.7% identify as Aboriginal.
- 9% are aged 75 and over.
- The total population is expected to grow by 30% over the next 20 years.
- The over 75 population is expected to nearly double, while the under 20 population is expected to grow by 30%.

Health and Wellbeing

Compared to the Island Health region as a whole, Nanaimo has (based on most recent data available):

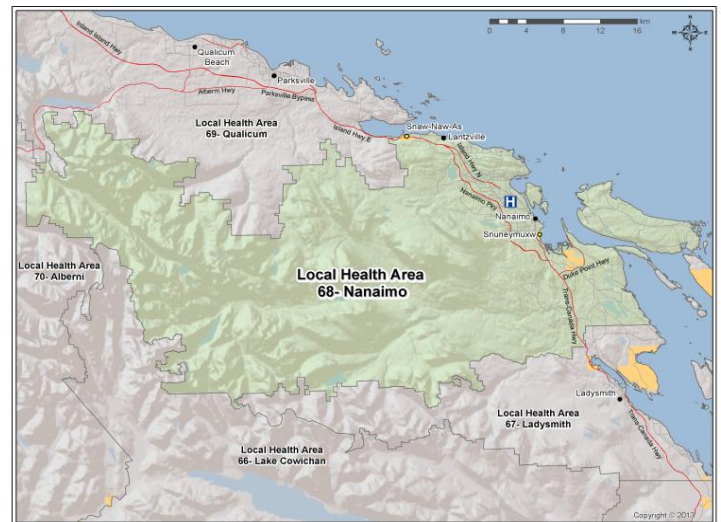
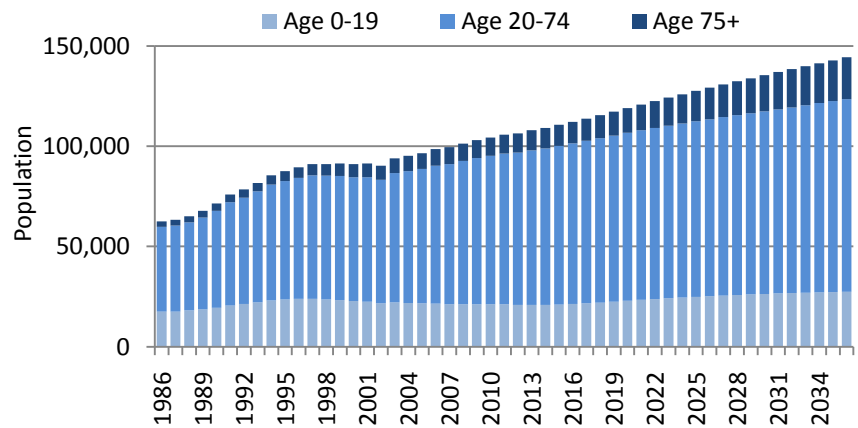
- A similar birth rate.
- A slightly lower life expectancy (81 years).
- A higher rate of death due to medically treatable disease, diabetes, and ischaemic heart disease, but a lower rate of death due to falls and motor vehicle accidents.
- Similar to the Island Health region, leading chronic conditions include hypertension, depression/anxiety, and asthma.

Social Determinants of Health

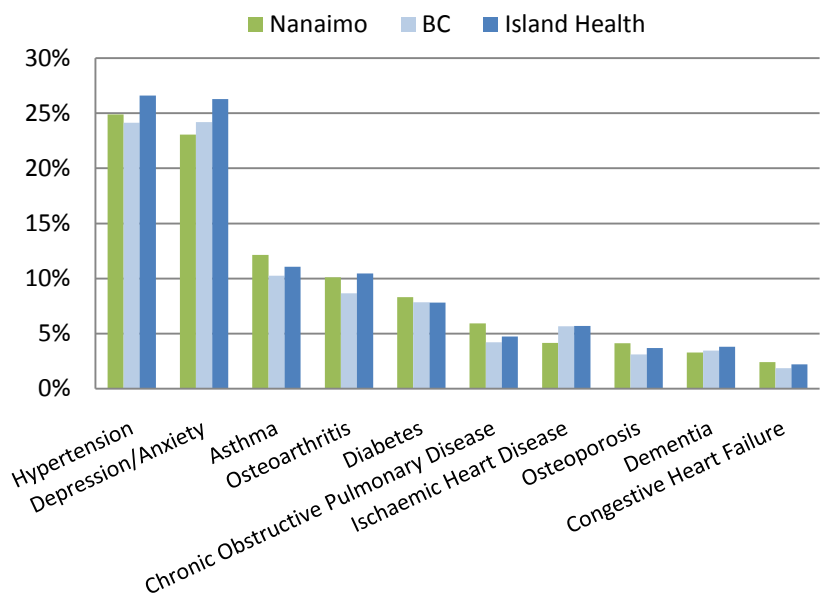
Housing, employment, education and social support can have a big impact on the health of our communities and our ability to make healthy lifestyle choices. Compared to Island Health overall (based on most recent data available):

- *Economic Wellbeing* - Nanaimo has a higher unemployment rate, and a higher percent of the population receiving income assistance.
- *Education* – Nanaimo has a higher percentage of students in grades 4 and 7 scoring below the standard levels on reading and writing tests, but a similar percentage of 18 year olds graduating high school.

Nanaimo Population Growth



Prevalence of Chronic Conditions, 2010/11



Social Determinants of Health *(continued)*

- **Child Health** – Nanaimo has a lower rate of children hospitalized due to injury and poisoning and a lower rate of children hospitalized due to respiratory disease.
- **Crime** – Nanaimo has a higher crime rate, including motor vehicle theft, serious crime and non-cannabis drug offences.

Health Services

Nanaimo is served by the Nanaimo Regional General Hospital, the Gabriola Community Health Centre, the Nanaimo Health Unit and the Princess Royal Family Health Centre. The area has 670 residential care beds and 100 assisted living beds spread over seven sites. Additional services available include public health, home and community care, and mental health and substance use.

Every year, Nanaimo residents have about 21,000 hospital admissions, and 43,000 unscheduled emergency department visits.

Of the 21,000 admissions in 2011/12:

- 84% were to Nanaimo Regional General Hospital,
- 6% were to Royal Jubilee Hospital, and
- 8% were to other hospitals.

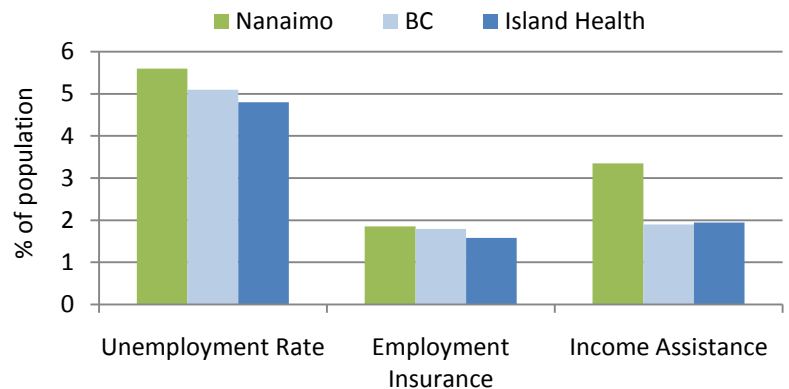
Of the 43,000 unscheduled emergency visits in 2012/13:

- 93% were to Nanaimo Regional General Hospital.
- 31% were for those over the age of 60.

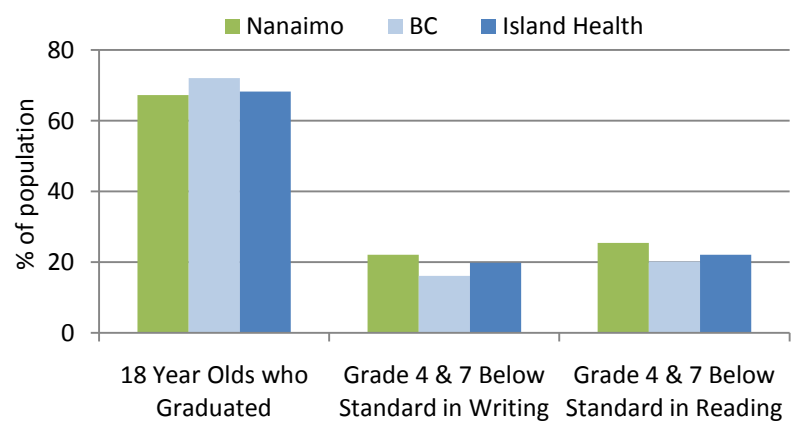
For more information on Island Health Services in your region, please visit:

<http://www.viha.ca/locations/>

Economic and Employment Statistics



Education Statistics



Nanaimo Resident Cases by Hospital

