

# **HerWay Home**

You can make a difference. Help soon-to-be and new parents by donating the following items:

### New baby items

- Disposable diapers
- Baby wipes
- Unopened baby formula

#### New personal use items

- Sanitary products
- Soap
- Toothbrushes
- Toothpaste
- Floss
- Deodorant
- Shampoo & conditioner

## **Gift cards**

Give people choice. Consider:

- Canadian Tire
- Walmart

## Other ways to donate

- Women in Need (WIN) is a community partner and accepts gently used clothing and household items.
- Financial donations: contact the HerWay Home Coordinator at 250-519-3678.

<u>HerWay Home</u> provides health care and social support for pregnant and parenting people affected by mental health issues, violence and trauma. The program is inclusive of all people regardless of their gender identity and expression.

